

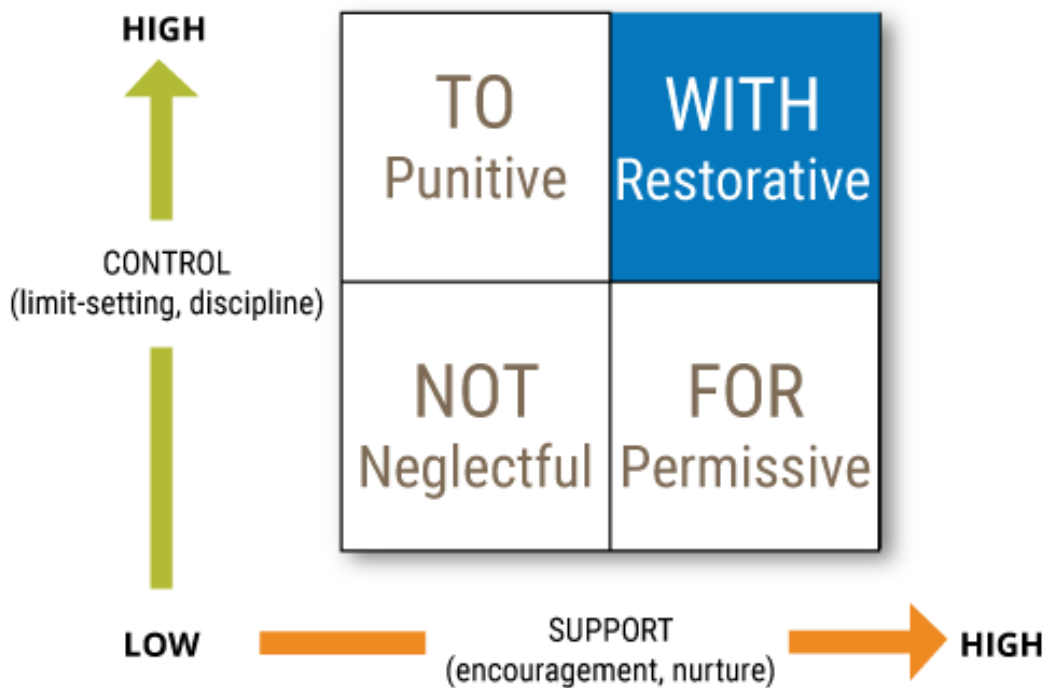
I.M.P.A.C.T.

"What we know matters, but
who we are matters more."
-Brene Brown



The Social Discipline Window

The Social Discipline Window describes four basic approaches to relationships, represented as different combinations of high or low control and high or low support. A restorative approach requires a balance of high levels of control/limit setting with high levels of support, encouragement, and nurture.



High control and Low support = Punitive/Authoritarian

Low control and Low support = Neglectful

High support and Low control = Permissive

High support and High control = Restorative